SAMARITANS

My only regret about becoming a listening volunteer is that I didn't do it 20 years ago.

Paul Johnson, Samaritans listening volunteer

Volunteering today could help change someone's life forever.



Bringing the rail industry together to help Samaritans be there when it matters most.

To find out how you can get involved, visit millionhourchallenge.com

Samaritans is a registered charity