**Bowel Cancer Quiz Answers**

1. How many people are diagnosed with bowel cancer every year in the UK?

**B. 42,000**

1. Older people are more at risk of developing bowel cancer than younger people? (Please circle one answer)

 **TRUE**

1. Which one of the following statements is true?
2. **Bowel cancer is the second biggest cancer killer in the UK**
3. Eating processed meat strongly increases our risk of developing bowel cancer

 **TRUE**

1. Which of the following foods are high in fibre, and therefore helpful in lowering risk of bowel cancer? (Please tick all correct answer)
2. Steak
3. **Apples √**
4. **Baked beans √**
5. Semi-skimmed milk
6. Please tick ALL CORRECT statements. The National screening program for bowel cancer is:
7. **Free of charge for over 60’s √**
8. **For people who do not have symptoms √**
9. Available from your GP, on request
10. There is not yet a National screening program for bowel cancer
11. Which of the following symptoms may indicate that a person has bowel cancer? (Tick all correct answers)
12. **Pain or a lump in the tummy √**
13. **Extreme tiredness for no obvious reason √**
14. **A persistent and unexplained change in bowel habit that persists over time √**
15. **Bleeding from the bottom or blood in poo √**
16. **Unexplained weight loss √**