

## Facilitator guidance notes

# Think RISK

**What is Think RISK?**

Think RISK is a campaign addressing the need to help frontline managers to develop improved risk management skills in their teams and themselves to help to stop you and your colleagues getting injured at work. It is a series of prompts for you to think through when you're doing your job, and help you identify and manage safety risks more effectively. The Think RISK campaign aims to improve everybody's ability to manage health and safety risks.

The number of high potential near misses (those resulting in a potential for multiple fatalities) in Network Rail is increasing. Also, incidents of slips, trips and falls, work on task risk control sheets and WARAs shows a worrying lack of true, conscious risk identification and management.

**Before you start**

- Make sure your Think RISK posters are up
- Watch the video and familiarise yourself with the messages
- Read through these guidance notes.

**How does this briefing work?**

There is a video to watch then once you have watched that please have discussions afterwards using the guidance questions below, or any discussion points you feel important.

**Considerations**

We want these sessions to provoke honest and open discussions about risk.

It is important to advise your attendees that if they provide honest accounts of situations there will be no repercussions.

# Think RISK

## Introduction

These guidance notes have been produced to aid your session on this Think RISK video.

In these notes we've described the purpose of the video, areas covered and suggested questions to ask your group once you've all watched the video.

This video covers the topic of:

### Plant

It shows the risks involved in manual handling and how you should approach a task that involves manual handling. It also covers the work Supply Chain Operations have been doing to bring more plant in that can assist.

The video contains a drama scenario of operational colleagues approaching a manual handling task and interviews from Network Rail colleagues giving their views on what to do in an unsafe situation, and recent progress made.

## Topics covered

We feel the video covers many topics, some of them being:

- Speaking up if something doesn't feel right
- Challenging colleagues
- Close Calls
- Manual handling training

## Facilitator questions

- Do you think the supervisor's method of stopping the unsafe work was appropriate?
- How would you have stopped the two colleagues?
- What plant is available to you that would help avoid injuries?
- What can affect manual handling?
- How do you know if something is safe to lift?
- What checks do you need to do in advance of manual handling activity?
- How would you / do you challenge unsafe behaviour?
- What manual handling risk management habits do you only have at work?
- What else can be done to help the manual handling problem?

