

Home Safe quarterly brief



August 2016



A word from our Chief Health and Safety Officer



“I’m pleased to introduce this Home Safe brief – a short presentation that will be shared quarterly, giving you some highlights of the work we are doing as part of the Home Safe Plan.

The brief will let you know what you can expect to see in the coming months, as well as updates as we progress through our programmes and projects. We also ask you to consider your impact on these safety challenges, looking at what you can do as an ‘immediate win’ to help make a difference and improve safety in your area.

I hope you enjoy this short session”

Lisbeth Fromling,
Chief HS&Q Officer



home safe plan

What is the Home Safe Plan?

The Home Safe Plan consists of 21 national projects which have been identified to provide the biggest risk reduction to our work force, public and passengers.

The plan is a product of a risk ranking exercise of 154 ongoing projects which, all together, were recognised as being too much for the organisation to process.

The 21 projects are:

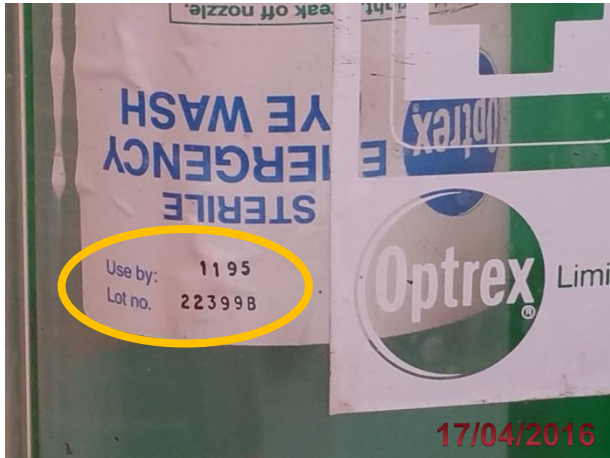
1. Fatigue Risk Management
2. Risk Management inc WARAs & Risk Awareness
3. Management of Occupational Road Risk (MORR)
4. Sentinel Enhancement
5. Electrical Safety Delivery (ESD)
6. Safer Trackside Working (STW)
7. Planning and Delivering Safe Work (PDSW)
8. Procuring for Contractor Safety
9. Safety Hour
10. Community Safety
11. Level Crossing Risk Reduction
12. Platform Train Interface (PTI)
13. Prioritised Technology for Level Crossing Safety
14. Identification & Monitoring Train Accident Risk Reduction
15. Health & Wellbeing Respiratory
16. Health & Wellbeing Medical Standards
17. Health & Wellbeing Resilience
18. Health & Wellbeing First Aid
19. Manual Handling
20. Business Critical Rules (BCR)
21. Integrated Management System (IMS)



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First aid

Is our first aid fit for purpose?



Why is this part of the Home Safe Plan?

- Compliance with first aid law
- A recommendation from a RAIB investigation into a serious worker injury



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The Home Safe Plan will...

- Review the first aid processes and procedures within the business
- Introduce a first aid standard
- Create a series of first aid 'How to' videos and an animation to show what to do in an emergency on track

What can you do?

- Include first aid information within your safety briefings
- Make sure all teams know plans in place should an incident occur, including identifying any trained first aiders on site
- Ensure first aid kits are regularly checked and replenished

Risk management

Workforce risk assessments



The Home Safe Plan will...

- Review all Network Rail's Work Activity Risk Assessments (WARAs)
- Initially target the top 50 riskier activities
- Collaborate with our colleagues to deliver and implement these risk assessments

Why is this part of the Home Safe Plan?

- On average 50 people a period are injured whilst at work for Network Rail. These injuries are preventable
- A correct risk assessment enables staff to work safely reminding us of the health and safety precautions we need to take. This can significantly reduce numbers of injuries.



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What can you do?

- Work with your local safety team to identify when you should use a risk assessment
- Use and follow the WARAs and Task Risk Control Sheets that are on Connect
- Stop work if you do not feel it is safe and risk assess again.

Manual handling

Reducing injuries



Why is this part of the Home Safe Plan?

- Manual handling injuries are the second largest cause of Lost Time Injuries
- The Office of Rail and Road (ORR) has challenged our level of compliance with the Manual Handling Operations Regulations



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The Home Safe Plan will...

- Analyse causes of high risk manual handling tasks
- Create a National plan to work with staff to deliver reductions in risk
- Improve training and processes around manual handling

What can you do?

- Identify your most difficult manual handling tasks and let us know
- Support manual handling reduction programmes
- Refer colleagues who have a manual handling related injury to RehabWorks – to assist in their recovery
- Use correct PPE

We must be relentless in preventing staff being injured by our work...

2015/2016 was the first year without a workforce fatality

2015/2016 saw a 30% reduction of specified injuries

It has been great to see this improvement...
but we must still strive to be better



If you have any feedback, queries or ideas that could support the progression of the Home Safe Plan or would like to share what you have been doing to support progression in your area we would like to hear from you! You can...

Speak to your line manager or head of safety



Email safetycommunications@networkrail.co.uk



Post on Yammer with #homesafeplan





**everyone
home safe
every day**



home safe plan