



OH Assist™ is Network Rail's new occupational health services provider.

OH Assist's comprehensive range of occupational health services delivers high quality interventions enhancing the lives of over one million people.

You can access the following services:

- Pre placement screening
- Management of attendance and wellbeing, including access to physiotherapy and psychological assessment services
- Health surveillance and screening
- Fitness for Task medicals including Competence Specific Medicals
- Medication Enquiry Line
- For Cause Drug and Alcohol Screening
- Random Drug and Alcohol Screening
- Health promotion
- Consultancy

**For full information on the services available and how to access them, please visit [www.networkrail.ohassist.com](http://www.networkrail.ohassist.com)**

**OH Assist™ Helpline 0845 6080656**

**Open 09:00 – 17:00 Monday to Friday (excluding Bank Holidays)**