

↓ WARNING ↓

DANGER OF INFECTION



**Minimise the risk,
always wash your
hands thoroughly:**

1. Wet your hands

2. Add loads of soap

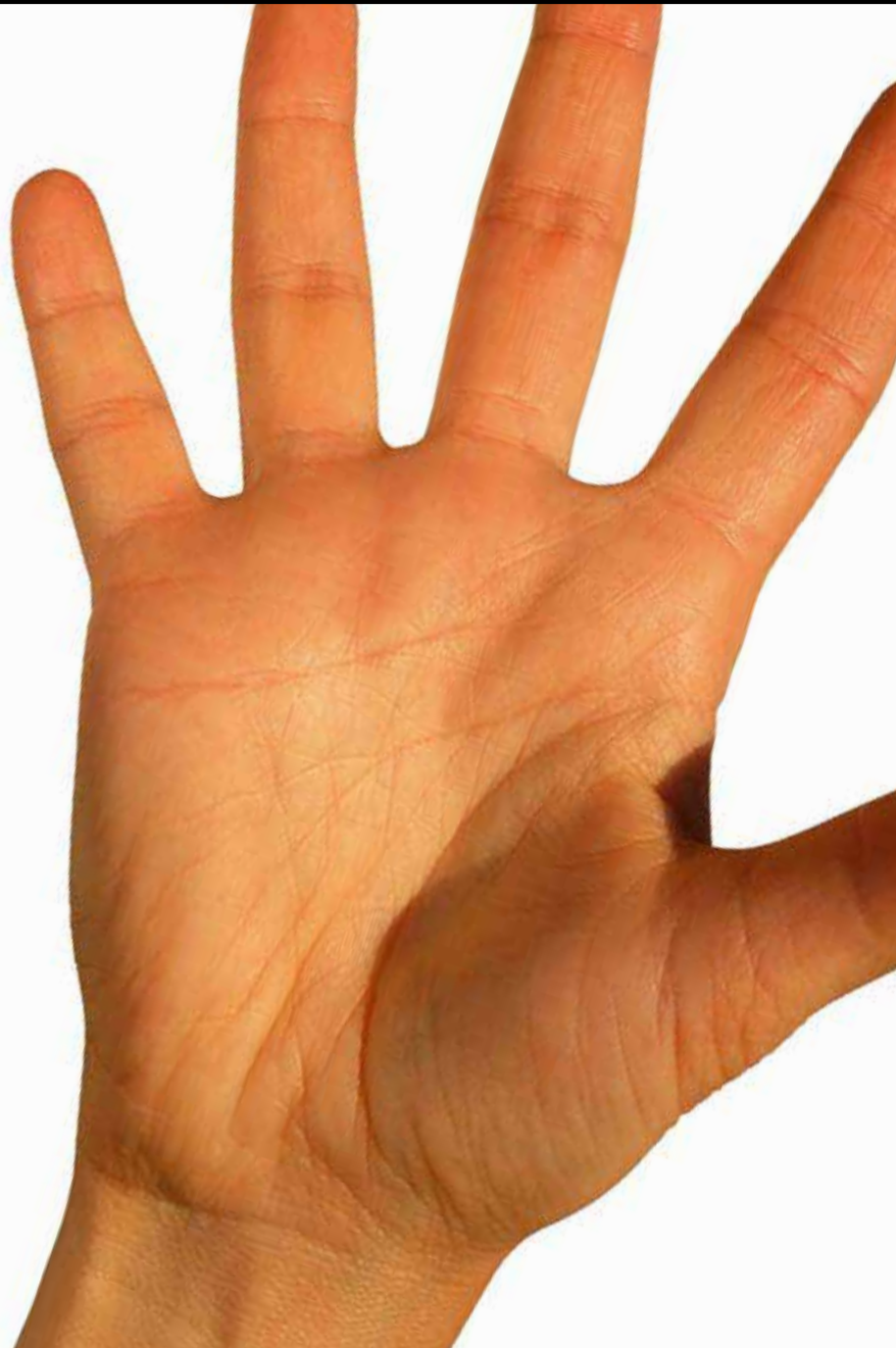
3. Make a soapy lather

4. Scrub for a full 30 seconds

5. Wash fronts and backs

6. Wash under nails

7. Rinse and dry thoroughly



REMEMBER!

Always wash your hands thoroughly after removing your gloves and before eating, drinking or smoking. Especially after dealing with sharps or splashes.

Your skin is your body's natural barrier to infection. So if its got cuts, cracks or scratches it leaves you open to risk. Make sure cuts are covered with a waterproof plaster and apply hand cream to prevent cracking of the skin.




everyone
home safe
every day