

**ACT QUICKLY.**  
These actions can  
**SAVE LIVES.**

**MY TACTICAL ADVICE CONTACT:**

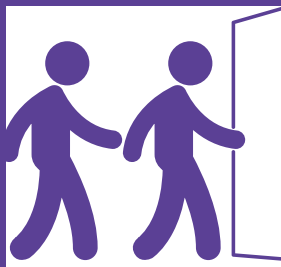
If you think  
someone  
has been  
exposed to a  
**HAZARDOUS  
SUBSTANCE**

Use caution and keep a  
safe distance to avoid  
exposure yourself.



supported by JESIP

## TELL THOSE AFFECTED TO:



### REMOVE THEMSELVES...

...from the immediate area to avoid further exposure to the substance. Fresh air is important.

**If the skin is itchy or painful, find a water source.**

**REPORT... use M/ETHANE**



### REMOVE OUTER CLOTHING...

...if affected by the substance.

Try to avoid pulling clothing over the head if possible.

Do not smoke, eat or drink.

**Do not pull off clothing stuck to skin.**



### REMOVE THE SUBSTANCE...

...from skin using a dry absorbent material to either soak it up or brush it off.

**RINSE continually with water if the skin is itchy or painful.**

## REMEMBER:

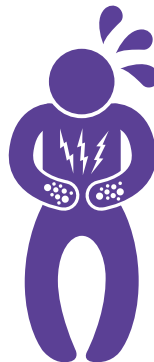
Exposure is not always obvious.  
**SIGNS CAN INCLUDE:**



The presence of hazardous or unusual materials.



A change in environment, such as unexplained vapour, odd smells or tastes.



Unexplained signs of skin, eye or airway irritation, nausea, vomiting, twitching, sweating, disorientation, breathing difficulties.