

Home Safe quarterly brief



November 2016



A word from our Chief Health, Safety & Quality Officer



“I am pleased to provide the second quarterly Home Safe Brief – a short update, providing highlights of the work we are doing as part of the Home Safe Plan.

We are now well into delivering the plan and many parts of the business are involved. The brief will let you know what you can expect to see in the coming months, as well as updates as we progress through our programmes and projects.

We also ask you to consider your impact on these safety challenges, looking at what you can do as an ‘immediate win’ to help make a difference and improve safety in your area.

The Home Safe Plan is the National plan for H&S projects co-owned by the Central H&S team and Business Champions from across the business.

Please enjoy this short session”

Lisbeth Fromling,
Chief HS&Q Officer

Home Safe Plan overview and updates

The 21 projects are:

1. Fatigue Risk Management
2. Risk Management inc WARAs & Risk Awareness
3. Management of Occupational Road Risk (MORR)
4. Sentinel Enhancement
5. Electrical Safety Delivery (ESD)
6. Safer Trackside Working (STW)
7. Planning and Delivering Safe Work (PDSW)
8. Procuring for Contractor Safety
9. Safety Hour
10. Community Safety
11. Level Crossing Risk Reduction
12. Platform Train Interface (PTI)
13. Prioritised Technology for Level Crossing Safety
14. Identification & Monitoring Train Accident Risk Reduction
15. Health & Wellbeing Respiratory
16. Health & Wellbeing Medical Standards
17. Health & Wellbeing Resilience
18. Health & Wellbeing First Aid
19. Manual Handling
20. Business Critical Rules (BCR)
21. Integrated Management System (IMS)

Plan update

- 1 project is currently delayed: Fatigue Risk Management. This project has known risks which are being managed closely with cross business involvement and senior management support.
- Of 215 milestones, 80 are now complete, 124 are on target and 28 are late or at risk.



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Planning and Delivering Safe Work

We got it wrong and things will be done differently

Chief Executive, Mark Carne named Planning and Delivering Safe Work as one of five 'Must Wins' to be completed before the end of this control period.

It's vital to getting colleagues home safe every day. Early analysis indicates it could significantly reduce Lost Time Injuries. Programme Director, Katie Frost, recently spoke at the leadership conference about how things must be done differently: "We got it wrong and this time round we must properly support our people to achieve this step-change in safety. It must be done with them, not to them."

The programme will...

1. Make one person in charge of all safety risk
2. Involve the person in charge in planning the work
3. Introduce task-based risk assessments
4. Provide visual schematics to identify site risk when planning
5. Introduce a new e-permit system

The first step is to revise the 019 standard 'Safety of Persons at Work on or Near the Line'. This will define ways of working and will be available in December. All Routes and Regions will be supported throughout 2017 to achieve compliance with this.

What can you do?

- Know that things will be done differently this time
- Remember this is about improving safety for everyone
- Be prepared to provide feedback and get involved when briefings on the revised Standard begin in January 2017

Mental Resilience

Supporting the mental wellbeing of our colleagues



The Home Safe Plan will...

- New standards 'Assessing the risk of stress in the workplace' and 'Traumatic incident management' published
- Support mental wellbeing through mental health champions, training, guides and resources.

Why is this part of the Home Safe Plan?

- Sickness absence data tells us that mental wellbeing is one of the top reasons for absence within Network Rail
- We need a greater understanding of mental wellbeing within the business to allow people to get the support they need.

What can you do?

- Lookout for each other in the workplace
- Visit Safety Central to find out more about the support services available
- Talk about mental health and help to reduce the stigma attached



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Safety Hour

Encouraging participation and buy-in



The Home Safe Plan will...

- Review how Safety Hours are currently held in the business
- Recommend how Safety Hours could be held moving forward
- Provide a suite of resources and templates to support line managers and facilitators when hosting Safety Hours.

Why is this part of the Home Safe Plan?

- Safety Hour is a great initiative to get people talking about safety, and great conversations have been taking place since being introduced to the business in July 2015, but it is not yet being held regularly by all. This project aims to ensure Safety Hours are held in all parts of the business, and we will be supporting facilitators with training and materials.

What can you do?

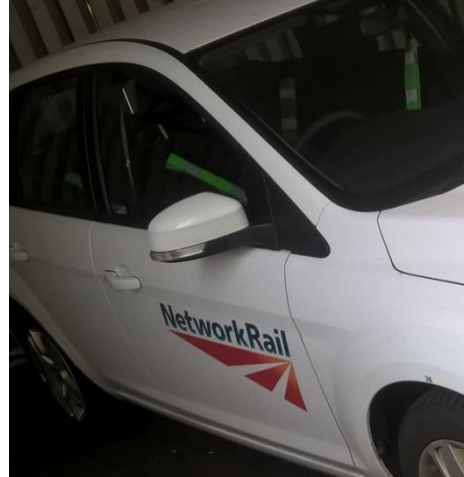
- Provide feedback in the Safety Hours you attend – what works, what doesn't?
- Record actions and commitments, and review
- Use your Safety Hour as an opportunity to bring forward concerns and discuss important safety topics



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Management of Occupational Road Risk (MORR)

Reducing road risk through behaviours



The Home Safe Plan will...

- Deliver a Driving stand-down
- Create seatbelt sleeves to promote the driving safety message
- Introduce Vehicle Telematics Systems to fleet vehicles, providing in-car feedback for drivers to reduce speeding

Why is this part of the Home Safe Plan?

- In CP4 there were 12 road related fatalities, in just one year of CP5 we had a further 6 deaths
- Network Rail has a road fleet of around 7,500 vehicles with 15,000 drivers driving approximately 128 million miles per year

What can you do?

- Consider your own road risk – do you keep within the speed limits? Do you wear a seatbelt?
- Challenge your colleagues if they are speeding or not wearing their seatbelt – they are not only putting themselves at risk, but also passengers in the vehicle



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If you have any feedback, queries or ideas that could support the progression of the Home Safe Plan or would like to share what you have been doing to support progression in your area we would like to hear from you! You can...

Speak to your line manager or head of safety



Email safetycommunications@networkrail.co.uk



Post on Yammer with #homesafeplan





**everyone
home safe
every day**



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