

# Ballast Dust

When ballast is disturbed it creates fine particles of dust.

Breathing in this dust at high concentrations over long periods of time isn't good for your health.

# Control Measures

- If you are not working directly with the ballast then **move clear** of that area
- If you work with Ballast, always wear the **appropriate RPE** provided
- Check and make sure RPE to be used is in **good working condition**
- Keep the RPE clean and **replace where necessary**
- If you have a beard or facial hair, make sure **you have a good seal** between your skin and RPE
- If you are **unable to create or maintain a good seal between your face and RPE**, report it to the person in charge
- If you are in a machine cab **keep the door and windows closed**
- If the dust is excessive in the working area, stop working and **invoke the work safe procedure**
- If you are **in charge** of the work instruct those who don't need to be there to **move clear**