

Safety Hour Discussion Pack

Topic: Speeding

Purpose of the discussion:

The number of speeding incidents is not reducing despite speeding being covered by one of our ten Lifesaving Rules. In line with new guidance that has been released to discuss the appropriate investigation of speeding driving breaches we would like to consider the Lifesaving Rule 'Always obey the speed limit' and discuss what that means for you.

Driving represents a significant safety risk to our people with more of us killed each year in road accidents than working trackside. Do we take the risks that come with speeding as seriously as we do the risks we face on track?

We should take more time to consider the risk vs. the benefit – is it better to be 5 minutes late to a meeting or drive 40mph through a 30mph zone and risk a fatality because you are going to fast to stop the car before hitting someone?

Discussion points: Use below to plan your facilitated discussion. Remember, you don't have to have all the answers – the role of the facilitator is to create an engaging discussion where everyone identifies and commits to solutions.

Discussion points	Supporting notes
<p>Do you speed, and if you do, why?</p>	<p>Identify common reasons why people speed - Feel safe at a higher speed? Always have done? Don't like to be late? Don't realise you are speeding?</p> <p>It is never OK to speed as you will be putting yourself and others in danger. Between June 2013 and September 2015 8 colleagues have died in road accidents. Speed and seatbelt use has been a factor in most of these accidents.</p> <p>Most speeding offences take place in 30mph zones which are often residential areas presenting a bigger risk to pedestrians.</p> <p>Since January 2015 there have been 521 speeding incidents. 222 were in a 30mph zone.</p>
<p>If you were a passenger in a work van and your colleague was speeding, what would you do?</p>	<p>Are we willing to challenge our colleagues if we feel our safety is at risk?</p> <p>Some things to consider:</p> <ul style="list-style-type: none"> • Is challenging a colleague who is speeding any different to challenging a colleague who is about to complete unsafe work out on track? • Do we view speeding as a significant safety risk to us? • Do you feel supported to challenge or report a colleague who is speeding?

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What will we do differently when we leave today?	<p>Ask for personal and team commitments.</p> <p>Examples might include:</p> <ul style="list-style-type: none">• I will comply with the Lifesaving Rules and challenge anyone who does not obey the speed limit• I will be more aware of my speed when driving and make sure I keep to the limits• I will hold a safety briefing with my team around speeding and the dangers

For further information:

Visit Safety Central - <https://safety.networkrail.co.uk/safety/driving-safety/>

Visit Connect to find out more about speeding investigation - <http://connect/assurance/SafetyAndCompliance/AccidentInvestigation/investigation-guides.aspx>