

Safety Hour Discussion Pack

Topic: **Cyber Security**

Purpose of the discussion:

To discuss why Security is a top threat for Network Rail.

We already live in a digital world and will rely more and more on inter-connected systems and technology to deliver railway services in the future. Security impacts us as individuals as well as our railway. Security is linked to a safer railway and can safeguard performance.

Security is everyone’s responsibility. To help protect our railway we all need to behave securely.

Discussion points: Use below to plan your facilitated discussion. Remember, you don’t have to have all the answers – the role of the facilitator is to create an engaging discussion where everyone identifies and commits to solutions.

Discussion points	Supporting notes
<p>What are the risks to you and how can you reduce them?</p>	<p>Let the team discuss how they can protect themselves and their families from cyber threat.</p> <p>Has anyone suffered from a cyber attack? What happened and what are they doing differently??</p> <p>Key messages here are:</p> <ul style="list-style-type: none"> • Be safe online, at home and work. Ask yourself, is this secure? Click with care and always browse safely. Never select links to/from un trusted sites. • Behave securely- Protect your identity, passwords and devices both at home and at work. Don’t share personal information, protect company information and protect all your passwords whether at home or work.
<p>What are the risks to your colleagues and how can you reduce them?</p>	<p>Let the team discuss how they can protect our buildings and systems. Is there anything they currently do, or don’t do, that could make us vulnerable to an attack?</p> <p>Here’s some examples of best practice :</p> <ul style="list-style-type: none"> • Never share your password/s. • Always lock your screen when you’re away from your desk, even if it is for a moment. Hit ENTER after, CTRL+ALT+DEL every time you leave your seat or press WINDOWS+L. • Never leave mobile devices unattended. If lost or stolen, report immediately. • Always wear your ID badge and/or have your Sentinel card ready for inspection. • Challenge suspicious behaviour, tail-gaiting and those without ID – contact the local security team or use the ‘speak out’ line if required

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<p>What are the risks to the railway and how can you reduce them?</p>	<p>Respect our security measures – don't tailgate or allow access to someone you do not know. Make sure access gates are locked. If challenging suspicious behaviour do remember that your personal safety is paramount.</p> <p>Follow company policy and standards – make sure you know the rules on email, social media, mobile devices etc. There are people you can ask if you are unsure.</p> <p>Protect company information – be careful how you handle removable media (USB sticks), think about what information you're emailing – is that the most appropriate way of sharing information? Always lock and secure devices when unattended or not in use.</p>
<p>Real examples of Cyber Security events that affected us and a security case study</p>	<div style="display: flex; justify-content: space-between;"> <div style="background-color: #ffffcc; padding: 10px; width: 30%;"> <p>Over 6,000 NR employee identities were stolen from HMRC and used as part of a credits fraud.</p> <p>Note: This is an historic loss for HMRC, additional compliance checks are in place</p> </div> <div style="background-color: #ffffcc; padding: 10px; width: 30%;"> <p>A supplier's laptop containing NR pensions data was stolen. Fortunately no attack was made and the laptop was recovered.</p> </div> <div style="background-color: #ffcc99; padding: 10px; width: 30%;"> <p>The information security team ran a simulated phishing scam to help raise awareness of online threats. More than 20% fell foul to the 'scam'</p> </div> </div>

For further information:

Contact the Security team – AskSecurity@networkrail.co.uk

Watch 'Norm's Bad Day' - <http://connect/communities/cyber-security/what-can-you-do.aspx>