Facilitator guidance notes

# Think RISK

### What is Think RISK?

Think RISK is a campaign to help to stop you and your colleagues getting injured at work. it is a series of prompts for you to think through when you're doing your job, and help you identify and manage safety risks more effectively. The Think RISK campaign aims to improve everybody's ability to manage health and safety risks.

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The number of high potential near misses (those resulting in a potential for multiple fatalities) in Network Rail is increasing. Also, incidents of slips, trips and falls, work on task risk control sheets and WARAs shows a worrying lack of true, conscious risk identification and management.

Therefore, this campaign addresses the need to help frontline managers to develop improved risk management skills in their teams and themselves.

### Before you start

- Make sure your Think RISK posters are up
- Watch the video and familiarise yourself with the messages
- Read through these guidance notes.

## How does this briefing work?

There is a video to watch then once you have watched that please have discussions afterwards using the guidance questions below, or any discussion points you feel important.

#### Considerations

We want these sessions to provoke honest and open discussions about risk.

It is important to advise your attendees that if they provide honest accounts of situations there will be no repercussions.

## Think RISK

## **Introduction**

These guidance notes have been produced to aid your session on this Think RISK video

In these notes we've described the purpose of the video, areas covered and suggested questions to ask your group once you've all watched the video.

This video covers the topic of:

#### **People**

It shows how accidents and near misses are often the result of human behaviour. The video contains a drama scenario with interviews from Network Rail colleagues, giving their honest account of situations that have happened to them, with advice on how to prevent risk.

## **Topics covered**

We feel the video covers many topics, some of them being:

- Speaking up if something doesn't feel safe
- Challenging colleagues
- What risk means
- Take 5
- What factors can lead to a near miss
- Complacency and familiarity
- Personal life distractions
- Time pressures

## **Facilitator questions**

 How many opportunities to prevent this near miss do you feel there were?

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- What opportunities were they?
- Have you ever taken a risk to get a job done?
- Have you ever taken a risk due to time pressures?
- Does this scenario feel familiar to you?
  - Did you raise any concerns at the time?
- Do you ever feel like your mind is on other things
  - What effect does that have on your work?
- Do you know what support is available in the event of an incident?
- Who can challenge?
- Why does this type of incident happen at Network Rail?
- Would you feel confident challenging the COSS?
  - Have you ever done this?
- What does 'everyone home safe every day' mean to you?
- How important is Health and Wellbeing to you?
- What are you going to do differently as a result of this session?

