

"If you don't recognise the hazards before starting work you're more likely to end up injured. Look before you leap."

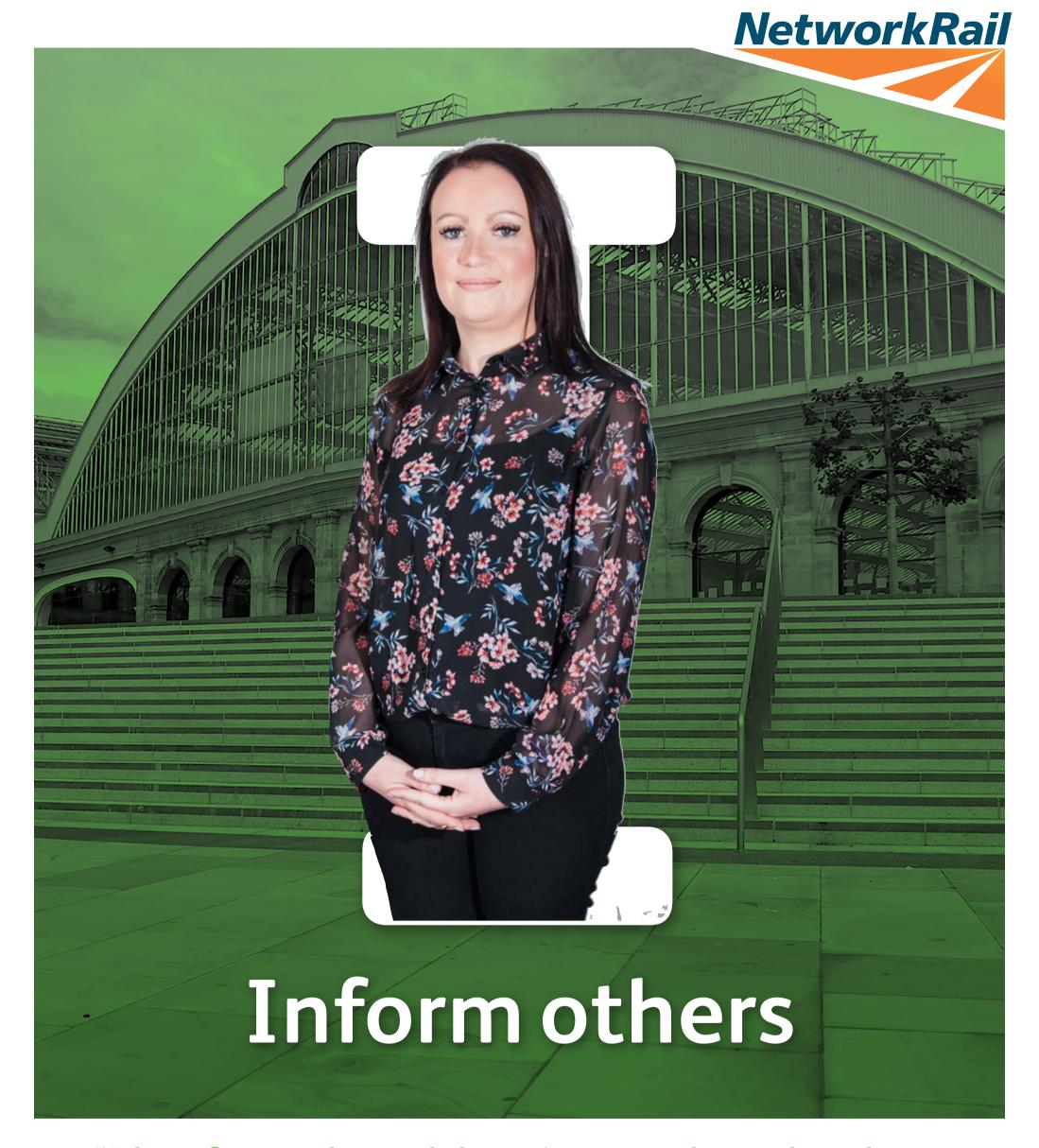
Allun Edge and Chris Edwards, infrastructure maintenance protection co-ordinators, Sandwell & Dudley and Saltley depot











"Identifying a hazard doesn't mean that others have. Reporting something several times is better than not at all."

Rachel Dwyer, Stations health, safety and environment advisor, Liverpool Lime Street











"If you could stop something bad from happening, why wouldn't you?"

Amy Liston, site manager works delivery (civils north), Shrewsbury DU











"We should always look to identify the hazards prior to the job and know what to do next once they are identified."

Vivek Vilay, senior technical officer, West Ealing, London area







